

# 10<sup>th</sup> Annual SBJ Weekend Silat Camp

May 26-27-28, 2012  
Memorial Day Weekend!



## 10th Annual SBJ Weekend – Silat Camp – 3 Days of Silat Buka Jalan May 26-27-28, 2012 (Memorial Day Weekend!)

See why Cass Magda's seminars are the premier seminar learning experience anywhere, anytime. Don't miss this one time event.

**Register NOW.**

Explanations and training in the different styles from West Java, Sumatra, Malaysian and the Southern Philippines...

The use of special footwork strategies called langkahs for single and multiple opponents. The ground grappling and submission techniques from Sumatra & Malaysia Tiger Style

The fast striking pukulan and takedown techniques of the Javanese. Stories, anecdotes and life lessons of the styles and masters  
The use of infighting with the knife and empty hands

The philosophy of the different silat styles.  
Formalized classical learning and training routines. Why they are still relevant today.

Defensive use of flexible weapons such as the sarong.  
Sticky hands and sticky feet techniques for controlling your opponent.

Pre-registration fee \$315 deadline May 19th, \$365 after.  
MIA Member fee \$270 deadline May 19th, \$300 after.  
Daily rate \$125. MI Assoc Member \$105

**Visa/MasterCard/Amex accepted.**

**Register NOW to guarantee your place by calling (818) 342-2455.**

Enrollment is limited to 30 participants.

Restaurants and hotel within walking distance. We suggest the Howard Johnson's in Reseda, a 5 min walk to the school.

Contact: Magda Institute [www.MIJKD.com](http://www.MIJKD.com)  
7255 Canby Ave, Reseda CA 91335  
PH(818) 342-2455 email: [Magdainst@aol.com](mailto:Magdainst@aol.com)

**Training times every day:** 10 am –3:00pm.

Bonus – All camp attendees if come earlier in the week or stay longer may attend all classes in the evening at MI free.

**Equipment needed** Practice Dagger, Sarong. Wear comfortable clothing such as T-Shirt, sweats or shorts. Daggers and Sarongs are available for purchase at the Magda Institute.

**Make this year your time of personal martial art growth and motivation.**

**PLACES ARE LIMITED, avoid disappointment BOOK NOW!!!**